Merulli Acupuncture & Wellness

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Agreement of Release and Waiver of Liability Form

1. I understand that I am participating in a yoga and fitness class, offered by Merulli Acupuncture & Wellness, Desiree Merulli, L.Ac., EAMP, LMP, RYT.

2. I recognize that yoga and fitness classes require physical exertion, which may be strenuous and which may cause physical injury, and I am fully aware of the risks and hazards involved.

3. I understand that is it my responsibility to consult with a physician prior to and regarding my participation in yoga and fitness classes. I represent and warrant that I am physically fit and I have no medical condition that would prevent my full participation in this endeavor.

4. I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in this yoga and fitness class.

5. For any online pre-recorded or live-streamed class. I understand that the teacher cannot see me, and that I am responsible for my own health and well being in these online classes.

6. I knowingly, voluntarily and expressly waive any claim that I may have against Merulli Acupuncture & Wellness, Desiree Merulli, L.Ac., EAMP, LMP, RYT, its instructors and staff for any injury or damages that I may sustain as a result of participating in the class.

7. I hereby release Desiree Merulli, L.Ac, Merulli Acupuncture & Wellness and any instructors from responsibility for any injuries I may sustain as a result of participation in the classes or programs presented by Merulli Acupuncture & Wellness, including any online, pre-recorded or live-streamed class.

8. I have read and agree to the Release of Liability specific to online yoga.

9. I have read the above release and waiver of liability and fully understand its contents.

Name: _____ Birth Date: _____ Age: _____

Address: _____ City/State/Zip: _____ Phone: _____

Signature: _____ Date: _____

Email Address: _____

Emergency Contact/Phone: _____

Who referred you to this class? _____

Is there anything you'd like me to be aware of?